

7-Feb-26

Topic

Speaker

6:45-7:15am

Yoga

7:30-8:15am

Sponsored Breakfast

New Tech in Pain

8:15-8:40am

Peripheral Nervous System

Dr. Reese

8:40-9:05am

Spinal Tumors

Dr. Rogers

9:05-9:30am

Regen

Dr. Hyrvniak

9:30-9:55am

Panel Discussion

9:55-10:10am

Break with Vendors

10:10-10:35am

Prevalence of Discogenic LBP, Clinical Features, and MRI Characteristics

Michael DePalma, MD

10:35-11:00am

Rheumatology for Idiots and Pain Doctors

Dr. Khurana

11:00-11:25am

Rx of Neuropathy Pain

Dr. Zhu

11:25-11:50am

COVID-19 Spike Protein & Pain

Dr. Sullivan

11:50-12:10pm

Q&A Panel Discussion

12:10-1:00pm

Sponsored Lunch



Virginia Pain Society

7-Feb-26

Topic

Speaker

Physical Medicine & Rehabilitation

1:00-1:25pm	Osteocool	Dr. Guyer
1:25-1:50pm	Sacroplasty	Dr. Shanbhag
1:50-2:15pm	Basivertebral Nerve Ablation	Dr. Smirniotopoulos
2:15-2:40pm	Q&A Panel Discussion	

2:40-3:00pm

Break with Vendors

Developments

3:00-3:25pm	AI in Pain Medicine/Generative AI	Sean Podvent
3:25-3:50pm	Pain in a Social Context: A Medical Humanities View	John T. Casteen
3:50-4:45pm	Monitoring Adherence to Pain Management; Tracking Opioids and Beyond	Steve Passik, PhD Keynote
4:45-5:00pm	Q&A Panel Discussion	

5:00-7:00pm

Happy Hour Networking

Near Passerines Band



Virginia Pain Society

8-Feb-26

Topic

Speaker

Wellness

7:45-8:30am

Sponsored Breakfast

8:30-9:05am

Medical Weightloss

Catherine Varney, DO

9:05-9:40am

Surgical Weightloss

Tom Shin, MD

9:40-10:15am

Physical Therapy for Pelvic Pain

Michelle Little DPT

10:15-10:30am

UVA Integrative Pain Program

Donowitz,
Katherine W., MD

10:30-11:00am

Q&A Panel Discussion

11:00-11:35am

Hospice

Tim Short, MD,
HMDC, FAAFP,
FAAHPM

11:35-12:10pm

End-of-Life Care

Alina Fomovska, MD

12:10-12:20pm

Closing Remarks



Virginia Pain Society